What can you do different?

Change a light
Replacing one regular light bulb with a compact fluorescent light bulb will save 150 pounds of carbon dioxide a year.

Adjust your thermostat
The simple adjustment of moving your thermostat down just 2 degrees in winter and up 2 degrees in summer could save you about 2,000 pounds of carbon dioxide a year.

Drive less
Walk, bike, carpool or take mass transit more often. You'll save one pound of carbon dioxide for every mile you don't drive!

Plant a tree
A single tree will absorb one ton of carbon dioxide over its lifetime.

Recycle more
You can save 2,400 pounds of carbon dioxide per year by recycling just half of your house- hold waste.

Turn off electronic devices
Simply turning off your television, DVD player, stereo and computer when you're not using them will save you thousands of pounds of carbon dioxide a year.

Check your tires
Keeping your tires inflated properly can improve gas mileage by more than 3%. Every gallon of gasoline saved keeps 20 pounds of carbon dioxide out of the atmosphere!

Try Meatless Mondays
Skipping meat one day per week would help save over 35,000 gallons of water. Cutting meat out of your diet entirely would help save 5,000 lbs of carbon emissions per year.

Use less hot water
It takes a lot of energy to heat water. Use less hot water by installing a low-flow shower head (350 pounds of CO_2 saved per year) and washing your clothes in cold or warm water (500 pounds saved per year).

Unplug
Unplugging hair dryers, phone charges, toaster ovens and power cords when not in use can save up to 20% on home energy use.

Avoid products with a lot of packaging
You can save 1,200 pounds of carbon dioxide if you cut down your garbage by 10%.

Spread the word!
Encourage your friends to go sustainable!